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G20 struggles to deal with China, U.S.

SUMMIT Differences between China and the U.S. could undermine the G20 summit that Canada is hosting this summer, and are calling into question the continued existence of the new world club.

As the summit's host, and because it is seen as an honest broker, many G20 countries are looking to Canada to sort out the differences, which are rapidly escalating, sources tell The Canadian Press.

The key goal of June's G20 summit in Toronto is to stabilize the global economy for years to come, Prime Minister Stephen Harper stated last week. Central to that goal is finding ways for China to do less global selling, and the U.S. to do less buying and borrowing.

Unless China lets its currency appreciate and unless the U.S. brings down its debt load, the future of the global economy is up in the air, experts say.

THE CANADIAN PRESS

Sports pg 12

Ravens lose b-ball title

On the web
Visit metronews.ca for news updates

Golden **Paralympics**

JONATHAN HAYWARD/THE CANADIAN PRESS

Canadian paralympians make their way to the closing ceremonies of the 2010 Paralympic Winter Games in Whistler, B.C., yesterday. The overall medal count of 19 marked Canada's best-ever showing at the Winter Paralympics. Story, page 12.

Flushing misconceptions

Students join world's longest toilet line for water awareness

TIM WIECLAWSKI
tim.wieclawski@metronews.ca

Parliament Hill has seen its share of lineups to use the toilet, but no one ever had to worry about there being water for those toilets.

To raise awareness for the issue of access to clean water and to mark World Water Day today, students from the University of Ottawa and Carleton University joined the World's Longest Toilet Queue event on Parliament Hill yesterday afternoon.

The event, said Sarah Oberholzer of the uOttawa chapter of Oxfam, is an attempt to mobilize people across the world to raise awareness of the fact that 2.6 billion worldwide have to wait in line to use safe water. "Access to clean water, and especially to sanitation and hygiene, is not a foreign aid priority. It's not a sexy investment," she said.

"(It) is something that a lot of Canadians take for granted, but right in our own backyard there are aboriginal communities under boil water advisories."

According to the third annual Canadian Water Attitudes Study, 78 per cent of Canadians try at least reasonably hard to conserve water, but many knowingly engage in water-wasting activities like leaving the tap running when washing and rinsing dishes and hosing down their driveways.

"There is an obvious disconnect between Canadians' attitudes towards water conservation and what they're actually doing," said Bob Sandford, chair of Canadian Partnership Initiative of the UN Water for Life Decade.

Despite almost half of respondents choosing fresh water as the nation's most important natural resource, Canadians are less concerned about Canada's long-term supply of fresh water than previous years.

The protest also implored leaders to hold discussion on access to clean water and sanitation at the upcoming G8 and G20 meeting in Toronto, said Sujay Neupane with the Carleton chapter of Oxfam.

"People die due to diseases that can be prevented, but they happen due to the lack of proper water resources and sanitation," said Neupane.

TIM WIECLAWSKI/METRO OTTAWA

Sujay Neupane, of the Carleton chapter of Oxfam, takes his turn at the head of the World's Longest Toilet Queue yesterday.

U.S. House OK's Obama health-care reform bill

BILL Summoned to success by President Barack Obama, the Democratic-controlled Congress approved historic legislation last night, extending health care to tens of millions of uninsured Americans and cracking down on insurance company abuses, a climactic chapter in the century-long quest for near universal coverage.

Widely viewed as dead two months ago, the Senate-passed bill cleared the House on a 219-212 vote, with Republicans unanimous in opposition.

Congressional officials said they expected Obama to sign the bill as early as tomorrow. A second measure — making changes in the first — was lined up for passage later in the evening. That measure would go to the Senate, where Democratic leaders said they had the votes to pass it.

Crowds of protesters outside the Capitol shouted "just vote no" in a futile attempt to stop the historic vote taking place inside a House packed with lawmakers and ringed with spectators in the galleries above.

Across hours of debate, House Democrats predicted the central bill, costing $940 billion over a decade, would rank with other great social legislation of recent decades.

"We will be joining those who established Social Security, Medicare and now, tonight, health care for all Americans, said Speaker Nancy Pelosi, partner to Obama and Senate Majority Leader Harry Reid in the gruelling campaign.

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Local

Orleans Bengals now recruiting

The Orleans Bengals Football Club is recruiting players for the upcoming season. The club is hosting its first registration and information night for tackle football, flag football, girls' touch football and cheerleading this Thursday from 7 to 9 p.m. at the Bob MacQuarrie Orleans Recreation Centre at 1490 Youville Dr. For more information, visit orleansbengals.org. METRO OTTAWA

O-Train clocks in over a million km

TRANSIT One of OC Transpo's O-Trains has now travelled more than one million kilometres, the city said over the weekend.

OC Transpo says the odometer clicked past a million kilometres — a distance equivalent to circling the globe 25 times — Friday morning.

A second O-Train is expected to reach the same milestone in the coming weeks.

The O-Train carried its first passengers on Oct. 15, 2001. METRO OTTAWA

metronews.ca WHAT'S ONLINE TODAY

Photos All things cute and cuddly were on display at the Canada Agricultural Museum to mark the arrival of spring this weekend at **metronews.ca/local**

Photos Tony award-winning play Urinetown runs at Carleton University's Kailash Mital Theatre through March 27. Read Metro Ottawa's review and see photos at **metronews.ca/local**

Lotteries

Friday, Mar. 19
Lotto Max: 1, 3, 6, 34, 37, 42, 45 Bonus 27
Saturday, Mar. 20
Lotto 6/49: 9, 11, 15, 34, 35 & 42 Bonus 47
Sunday, Mar. 21
Ontario Pick 3: 8 8 2; **Ontario Pick 4:** 3 5 3 2; **Encore:** 0993909; **Daily Keno:** 5, 7, 8, 10, 15, 23, 26, 29, 32, 33, 43, 44, 47, 49, 54, 55, 60, 64, 68, 70
These results are not official.

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Expo shows Earth-friendly options

TRACEY TONG
tracey.tong@metronews.ca

She already recycles and composts, hangs her laundry to dry, bikes to work and brings her own bags to the store.

But Carmen Lake still found new ideas on how she can become even more earth-friendly at the Ottawa Go Green Expo at Lansdowne Park yesterday.

"I was thinking of doing some home renovations down the line," she said. "And when I do, I might consider some of these things."

More than 15,000 people checked out green alternatives including environmentally friendly soap, reusable food bags created from reclaimed textiles, drinking water systems, heirloom seeds, worm composters, clothing and even light-activated toothbrushes that don't require toothpaste at the second annual expo yesterday.

TRACEY TONG/METRO OTTAWA

Auntie Loos Treats owner Mandi Lunan, right, and wedding cake designer Kate Veinot show off vegan cupcakes at their popular booth at the Ottawa Go Green Expo yesterday.

Visitors also test-drove hybrid vehicles, watched organic and vegan cooking demonstrations and brought in electronics for recycling through Samsung's one-ton challenge.

"The show covers so many different spectrums that you might not have thought how easy it is to go green," said show spokeswoman Tanya Williams, who added the environmental movement has been a slow one in Ottawa.

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See the Local page to learn how to scan.

"Considering we're the capital city, you think it would be us making the charge," she said.

The show drew people of all ages. Ottawa resident Dennis Jackson brought his four-year-old son, Xander, to the show.

"Sustainability starts at an early age," said Jackson. "At home, we use green cleaners, we compost, drive a fuel-efficient car and live in a small house. We walk places and buy local foods. His experience means he will likely recognize the importance of these things and continue with these habits."

W Network show looks for local homeowners

TV If you're looking to sell your house in the next six months and can look great doing it, you could be experiencing your 15 minutes of fame soon.

A new TV series filming in Ottawa is looking for 26 homeowners — singles, couples and families — to star in All For Nothing?, a national series to be aired on W Network.

The producers are the same ones that made The Restaurant Adventures of Caroline and Dave — which followed Ottawa couple chef Caroline Ishii and sommelier Dave Loan as they worked to make their restaurant, ZenKitchen, a success.

"If you are willing to sell your home in next six months and have limited funds to be put towards renovations, we can offer advice from design experts and realtors and get them doing this by themselves, on the cheap," said Beverly Charles, a production assistant for All For Nothing?.

Whoever does this the best on each episode gets free representation from a realtor, which the show has already auditioned.

"We're looking for people in their 20s and 30s, up to people in their 50s, who are energetic and charismatic," Charles said. "We want to have fun shooting it. And if your house is a mess, great!"

The show will catch the high and low points of the process, Charles said. "Selling anything is stressful and people get attached to their stuff. Sometimes it's difficult and you're under the wire," she said.

The show is hosting a group casting at the Habitat for Humanity Restore from 5 to 7 p.m. tomorrow.

TRACEY TONG/METRO OTTAWA

News in brief

CRIME Ottawa police are seeking three suspects after three people were assaulted and robbed during a home invasion on Osgoode Street late Thursday night. At about 11:20 p.m., police responded to a home invasion in the 100 block of Osgoode Street, where three males had broken into a residence. Police said one of the males was armed with a gun, while two others had knives. Three victims were present at the time and were assaulted and threatened. The men stole their cellphones, wallets, jewelry and cash. Two of the victims suffered minor injuries. Police are seeking three white males in their early to mid 20s.

ANIMAL ABUSE Two people were sentenced after pleading guilty to causing distress to and failing to provide adequate care and medical attention to a three-year-old husky, the Ottawa Humane Society said over the weekend. The two men pleaded guilty Thursday. The owner of the animal was charged Jan. 28 after he admitted to picking up the dog after it urinated on the floor of his apartment, and throwing it approximately six feet in the air.

METRO OTTAWA

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Suspect in knife-point van hijacking arrested after crash
A man suspected of hijacking a van at knife-point is under arrest after crashing the vehicle southeast of Barrie, Ont. A 28-year-old man from Barrie appears in court today on numerous charges. THE CANADIAN PRESS

Canada 60

Tweet your Earth Hour ideas

Earth Hour is Saturday at 8:30 p.m. What will you be doing? This week, we'll share some tweets from Metro readers.
@giddyupsales: "Earth hr: invite friends + kids for a candle lit dinner + walk in our neighbourhood ending up at the park to play in the dark."
Send your Earth Hour tweets to @metroottawa.

UN cutting workers in Kandahar

Temporary reduction comes amid security fears as NATO begins offensive

Kandahar is a city on the knife's edge.

Rising violence and NATO's unfolding offensive in the area has prompted the United Nations and other relief organizations to step out of the way.

The United Nations is in the process of cutting its foreign staff level in the southern city as part of a security review, said a spokeswoman for the UN mission in the capital Kabul.

"There has been a temporary reduction," Susan Manuel said yesterday.

Last week, NATO's top commander in Afghanistan, U.S. Gen. Stanley McChrystal, declared the operation to root out insurgents in Kandahar was underway. But rather than opening with a D-Day-like assault, he said the offensive in Kandahar would be rolled out in stages.

Manuel said the UN security review is not reaction to the military push as much as it's a response to the overall situation in Kandahar, which is the spiritual home of the Taliban. A series of five co-ordinated bombings in the city on March 13-14 left 35 people dead and scores wounded.

UN staff

- There are just over 100 staff working for the UN in the city, including 37 people from other countries.

She did not discuss numbers involved in the draw down, but other aid groups say it's expected to be more than a dozen.

Last week, the mayor of Kandahar and some provincial councillors expressed fears that the city would become a battleground this summer as the offensive intensifies.

But a senior Canadian officer in charge of battle operations said he believed the concerns are misplaced and despite their spectacular nature, the recent Taliban assaults were failures.

Lt.-Col. Roch Pelletier also challenged the overall perception that the city was besieged and other constant threats. That's not the impression he gets from patrols, which until recently were greeted by rock or vegetable-throwing Afghans in some quarters.

"Generally speaking, people are very friendly to us," he said. THE CANADIAN PRESS

Another B.C. avalanche kills two French skiers

DEATHS A third deadly B.C. avalanche in a week killed two French skiers Saturday as they were coming down a mountain after being dropped off by helicopter.

Valemount RCMP said a slide in Wells Gray provincial park near MacAndrew Lake buried three skiers, killing two men aged 65 and 19. The third man caught in the slide was rescued without injuries, RCMP said.

The dead men were found with the help of avalanche beacon locators but they couldn't be resuscitated, the RCMP said. Their families have requested their names not be released.

Police say the avalanche occurred when a licensed heli-ski operator had a group of 10 skiers and two guides descending a run in the park's Cariboo Mountain range.

Heli-ski tours offer enthusiasts the opportunity to ski downhill in a natural setting, with the use of helicopters to take them to terrain difficult to reach by other means.

THE CANADIAN PRESS

Canada faces tough task with China, U.S. tensions at G20.
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Memorial **Luger gone but not forgotten**

JONATHAN HAYWARD/THE CANADIAN PRESS

Prime Minister Stephen Harper pauses at a memorial for Georgian luger Nodar Kumaritashvili prior to the closing ceremonies of the 2010 Paralympic Games in Whistler yesterday. Kumaritashvili was killed during a training day for the 2010 Olympics. The head of the Vancouver Olympic organizing committee, John Furling, is set to attend a service for the luger tomorrow in Georgia.

Parliamentary panel could review detainee docs: Experts

INTELLIGENCE Setting up a special committee of senior parliamentarians to examine sensitive documents about Afghan detainees could help defuse a brewing political crisis over access to the information, intelligence experts say.

The appointment of former Supreme Court judge Frank Iacobucci to review memos on the possible torture of prisoners in Afghanistan marks the third time the Conservative government has turned to an outsider to review a security-related matter.

Meanwhile, a 2005 blueprint for a national security committee has been all but ignored.

The committee would be composed of MPs and senators empowered to examine Canada's security and intelligence community as well as specific files referred by the government.

THE CANADIAN PRESS

News in brief

SPAT The Bloc Québécois' hint at Nazi-era terminology to define its relationship with Canada ranks among the most absurd statements ever made by sovereigntists, Foreign Affairs Minister Lawrence Cannon said yesterday. Over the weekend, Bloc Leader Gilles Duceppe described Quebec sovereignty as a "resistance" movement — a term generally associated with the struggle to free Europe of Nazism.

THE CANADIAN PRESS

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Two winners emerge from Lotto 6-49 jackpot
Saturday's huge Lotto 6-49 jackpot will be shared. There are two winning tickets, each worth $20.6 million, for Saturday's $41-million draw, one bought in Edmonton and the other in London, Ont. THE CANADIAN PRESS

The 'cult' of Danny Williams

Premier Danny Williams is off-the-charts popular, but his supremacy in one of Canada's most lopsided legislatures has a dark side, critics say.

In some political circles in Newfoundland and Labrador, they call it the "Cult of Danny." It's a phenomenon that embraces strong leadership as much as it seems to tolerate strong-arm control tactics and a flair for verbal bashing.

Danny Williams

"Why do people put so much hope in one person?" wonders Lorraine Michael, the sole New Democrat in a Gang of Five opposition that includes four Liberals. "We do have a personality cult mentality here in Newfoundland and Labrador, and a lot is based on his personality."

Once a fresh political session starts today, the outgunned opposition will face 43 Progressive Conservatives led by Williams with a shoot-from-the-lip style many voters support.

Two independent polls earlier this month suggest stratospheric personal and government approval ratings of 80 to 93 per cent — eclipsing other premiers both present and past.

People love to exalt a hero, Michael said, recalling the decades when Liberal premier Joey Smallwood ran the province with an iron grip. "It comes down to that. It seems to be part of the Newfoundland psyche."

But you'd better stay on the hero's good side, say political observers. No one knows that better than Prime Minister Stephen Harper, who was shut out of all seven federal seats in the province in 2008.

Williams rejected any notion that the tone he sets may intimidate people, snuff debate or raise fears of blacklisting.

He says he plans to run for re-election next year.

THE CANADIAN PRESS

Democracy in motion?

PROROGATION Federal NDP Leader Jack Layton hopes a motion that would make it harder to prorogue Parliament will help get more Canadians involved in the political process.

The NDP motion requiring the prime minister to seek the consent of the House of Commons to shut down Parliament for longer than seven days was passed in the House last Wednesday.

The motion is not binding on Prime Minister Stephen Harper, who has said that only a constitutional amendment could rein in the prime minister's prorogation power.

Layton, speaking during a stop in Edmonton yesterday, said the prime minister has left a bitter taste in the mouths of Canadians who are concerned about the health of parliamentary democracy.

He says the motion is an important first step in tapping into what he sees as a growing desire by Canadians to bring about parliamentary reform in areas such as the Senate.

THE CANADIAN PRESS

NWT to vote on bridge takeover

YELLOWKNIFE Tomorrow, the Northwest Territories legislature is to begin a special session to vote on taking over the $180-million Deh Cho Bridge — the first on the vast Mackenzie River — from the public-private partnership that started it. It's the latest act in a saga that has seen costs triple, original designs discarded mid-project and contractors replaced.

THE CANADIAN PRESS

News in brief

TORONTO Police have arrested a second man in a string of thefts at Toronto hospitals, including one victim, 83-year-old Edna Davis, who was on her deathbed, when $7,000 of her jewelry was stolen. As her family was filling out a police report, Davis died. Marcos Marinoni, 26, was arrested Saturday afternoon and appeared in court yesterday to face charges of theft and conspiracy. Marinoni's arrest comes a few days after police charged 29-year-old Isaac Lewkowicz of Toronto. THE CANADIAN PRESS

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Spanish firefighters on holiday mistakenly sought as separatist commandos
French investigators hunting for a gang of armed fugitives from the Basque separatist group ETA released a video of what they said were suspects in the death of a French policeman. It turns out they were just Spanish firefighters on holiday. French and Spanish officials acknowledged Saturday that they had the wrong men. THE ASSOCIATED PRESS

World

Ayatollah bashes U.S.

Iran's supreme leader sharply denounced the United States yesterday, accusing it of plotting to overthrow its clerical leadership, in a chilly response to an overture by U.S. President Barack Obama for better cultural ties with Iran. Ayatollah Ali Khamenei did not outright reject Obama's offer, saying Iran would keep an eye on Washington's intentions. But the supreme leader said that so far, Washington's offers of engagement with Tehran have been a deception. THE ASSOCIATED PRESS

Don't judge sinners: Pope

German archbishop acknowledges church coverups of abuse

Pope Benedict XVI has urged Catholics to refrain from judging sinners a day after he rebuked Irish bishops for their handling of a half-century of sexual abuse of minors by clergy.

While the Pope made no mention of the Vatican's widely criticized policy of cloaking abuse allegations in secrecy, a Swiss churchman called for the Holy See to start a registry of molester clergy to avoid more shuttling by bishops of pedophile priests from parish to parish.

The pontiff didn't mention his letter chastising Ireland's church hierarchy as he made his weekly appearance yesterday from his studio window overlooking St. Peter's Square. He cited the Gospel passage about Jesus' inviting those without sin to cast the first stone toward an adulterer.

"While acknowledging her sin, he does not condemn her, but urges her to sin no more," Benedict told English-speaking pilgrims in the square. "Trusting in his great mercy toward us, we humbly beg his forgiveness for our own failings, and we ask for the strength to grow in his holiness."

"Every single case darkens the face of the entire church."
Archbishop Robert Zollitsch

In Germany, meanwhile, the news magazine Focus quoted the head of the German Bishops Conference yesterday as acknowledging that the Roman Catholic church consciously covered up cases of sexual abuse.

Archbishop Robert Zollitsch of Freiburg said that while most cases happened outside the church, "assaults that took place in such numbers within our institutions shame and frighten me."

"Every single case darkens the face of the entire church," he said.

THE ASSOCIATED PRESS

Volcanic eruption in Iceland leads to concerns, evacuation

REYKJAVIK A volcano in southern Iceland has erupted for the first time in almost 200 years, raising concerns that it could trigger a larger and potentially more dangerous eruption at a volatile volcano nearby.

Scientists called the eruption at the Eyjafjallajokull volcano mostly peaceful. It occurred just before midnight Saturday local time at a fissure on a slope, so scientists said there was no imminent danger that a nearby glacier would melt and flood the area.

Nonetheless, officials sent phone messages to 450 people urging them to evacuate immediately.

THE ASSOCIATED PRESS

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India **Henna art**

AIJAZ RAHI/THE ASSOCIATED PRESS

Brides show henna art on their palms as they pose for photographs as other brides wait in the background before a Muslim mass marriage in Ahmadabad, India, yesterday. Two hundred and one Muslim couples got married during the mass marriage organized by the Gujarat Sarvajanik Welfare Trust for the economically challenged members of the community.

Net threat to rare species: Officials

TRADE The Internet has emerged as one of the greatest threats to rare species, fuelling the illegal wildlife trade and making it easier to buy everything from live baby lions to wine made from tiger bones, conservationists and law enforcement officers said yesterday.

The web's impact was made clear at the meeting of the 175-nation Convention on International Trade in Endangered Species. Delegates voted overwhelmingly yesterday to ban the trade of the Kaiser's spotted newt, which the World Wildlife Fund says has been devastated by the web trade.

A proposal from the United States and Sweden to regulate the trade in red and pink coral — which is sold extensively on the web — was defeated. Delegates were concerned the increased regulations might impact poor fishing communities.

THE ASSOCIATED PRESS

News in brief

TRAVEL British Airways cabin crews walked off the job for a second day yesterday, upsetting travel plans for scores of customers, but the airline said its contingency plans were working well and more planes were taking off than expected.

RUSSIAN PROTESTS Thousands of people have rallied across Russia to denounce the government's economic policy and demand more freedom in a new challenge to the Kremlin. Many participants in Saturday's rallies demanded the resignation of Prime Minister Vladimir Putin.

THE ASSOCIATED PRESS

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Sandstorm sweeps over China's north

China's capital woke up to orange-tinted skies Saturday as the strongest sandstorm so far this year hit the country's north, delaying some flights at Beijing's airport and prompting a dust warning for Seoul. Air quality was ranked as hazardous. THE ASSOCIATED PRESS

Israeli PM talks tough before summit

Israel will not restrict construction in east Jerusalem, Israel's prime minister said yesterday before leaving for Washington, despite a clear U.S. demand that building there must stop.

Benjamin Netanyahu's meeting with U.S. President Barack Obama tomorrow will be the first high-level meeting since the crisis erupted 10 days ago, when Israel embarrassed visiting Vice-President Joe Biden by announcing construction plans in a Jewish neighbourhood of east Jerusalem, claimed by the Palestinians.

"Building in Jerusalem is like building in Tel Aviv," Netanyahu told his cabinet, saying there would be no restrictions. This tough stance on Jerusalem has run into stiff opposition in Washington, but there were signs that Israel was working to ease the crisis.

Cabinet ministers said that while there would be no formal freeze, construction in Jewish neighbourhoods in east Jerusalem would be restricted, like Netanyahu's partial 10-month West Bank construction freeze.

THE ASSOCIATED PRESS

Bangkok **Mass protests continue**

DAVID LONGSTREATH/THE CANADIAN PRESS

Anti-government demonstrators gather during a rally yesterday, in Bangkok, Thailand. The roughly 100,000 participants consisted of supporters of former prime minister Thaksin Shinawatra, who was ousted by a 2006 military coup for alleged corruption, and pro-democracy activists who opposed the army takeover.

North Korean makes run for it

DEFECTION A North Korean ex-logger, on the run from authorities, used a handwritten note to appeal to a South Korean missionary in the Russian city of Vladivostok last week, hoping for political asylum.

The 51-year-old would be the third North Korean logger in Russia in a week to make a bid for asylum.

Just before he was to meet Thursday with the International Organization for Migrants, a team of men grabbed him, slapped handcuffs on him and drove off, rights activists in Moscow said Friday. He was spirited away to the eastern port city of Nakhokda, where he is sure to be handed back over to North Korean officials.

THE ASSOCIATED PRESS

News in brief

ATTACKS Police officers in Helmet, Calif., have been targeted in recent weeks by dangerous booby traps. Separate traps involving a gas pipe, bullets, and explosives have all nearly resulted in deaths. "There's a person or people out there, a bunch of idiots, trying to do damage to us," Hemet Police Chief Richard Dana said.

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VOLUNTEERS NEEDED FOR DEPRESSION RESEARCH

Psychiatrists at the Ottawa Psychopharmacology Clinic are currently conducting a research study of an investigational medication for depression. The purpose of the study is to further our knowledge about the possible treatment of depression. Study duration is initially 8 weeks with possible continuation of up to 16 weeks in total. Included are a physical exam, blood tests and a psychiatric interview. All information provided will be treated in strictest confidence. To volunteer, you must be 18-70 years of age, not currently in psychiatric treatment (unless you are being referred by your treating doctor), have no drug or alcohol problems and be in generally good physical health.

	YES	NO
I am feeling sad and depressed	■	■
I am having difficulty sleeping	■	■
I am feeling low in energy and slowed down	■	■
My appetite has changed	■	■
I am experiencing feelings of guilt	■	■
I have lost interest in work and pleasurable activities	■	■
I feel hopeless about the future	■	■
I feel tense and anxious	■	■
I am having difficulty making decisions	■	■
I am having trouble concentrating	■	■

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Barrick Gold expects $834M from IPO of African division

Toronto-based Barrick Gold Corp. expects that an initial public offering for a quarter stake in its African properties will reap $834 million US. THE CANADIAN PRESS

Business

EDITOR: FERMIN.DESOUZA@METRONEWS.CA

Preparing for parity

Small exporter's foresight paying off as loonie climbs

Parity preparations that began at Craig McIntosh's small Manitoba plastics business a decade ago have positioned the company to gain from a soaring loonie because it now buys more from the U.S. than it sells there.

The loonie closed at 98.39 cents US Friday afternoon after a week of anticipation about when it would hit parity.

At Winnipeg-based Acrylon Plastics Inc., where McIntosh is president and CEO, preparing for parity included upgrading equipment to increase productivity, cutting costs, revamping its market focus and changing the way it managed finances.

Since 2003, McIntosh has reversed an export-oriented business that shipped 70 per cent of its plastics to the U.S. and sold 30 per cent at home. Last year, the company sold 65 per cent of its products in Canada and shipped only 35 per cent south of the border.

"Now we're a net buyer from the U.S. as opposed to a net seller," McIntosh said.

"We're coming out ahead as (the dollar) is moving to parity."

Acrylon, which has five plants in the Prairies and 225 employees, produces plastic parts for four diverse markets — windows, farm machinery, buses and playground equipment.

The company has also reduced its exposure to currency fluctuations by simplifying its finances. Customers once paid Acrylon in U.S. funds, which it then converted into Canadian funds that it paid to suppliers, who were converting it back into American dollars.

Since 2004, the company has reduced the amount of business it conducts in U.S. funds from 70 per cent to 40 per cent. In doing so, it has created what economists call a natural hedge against currency fluctuations.

THE CANADIAN PRESS

PHOTOS FROM FILE PHOTO

Economists have predicted that an at-par Canadian dollar could spell disaster for small- and medium-sized exporters.

Sale of Nortel networking divisions final

INSOLVENCY Nortel Networks Corp. says chief restructuring officer Pavi Binning will step down now that the sale of its optical networking and ethernet businesses to Ciena Corp is complete.

The company said Friday that Ciena has elected to pay an all-cash purchase price of approximately $774 million US for the businesses.

Nortel said 2,000 of its employees will continue to work for Ciena.

Binning, also Nortel's chief financial officer and executive vice-president, said he will leave the insolvent company effective yesterday now that it has sold its main businesses.

THE CANADIAN PRESS

In brief

FEES TMX Group Inc. says it will reduce its trading fees for securities trading at $1 or higher on the Toronto Stock Exchange and the TSX Venture Exchange.

THE CANADIAN PRESS

Effects of Greek debt crisis felt on Bay Street

MARKETS Stock markets were rattled last week by the ongoing Greek debt crisis and the threat it poses to European economic stability, a trend likely to continue this week as the country seeks to bail itself out.

65 The main TSX index lost more than 65 points last week, finishing at 11,947.98.

The crisis was one of the main movers behind a tepid performance on the Toronto stock market last week as commodity prices were pushed lower by a rising American dollar.

Currency traders flew to the safety of the U.S. greenback late last week, worried that the Greek crisis would undermine the stability of Europe's monetary union and the euro itself — putting the brakes on the Canadian dollar's march towards parity.

With few economic reports expected that could give North American markets any direction this week, there will be a keen focus on whether any solution is coming for Greece's troubles. The country's prime minister, George Papandreou, made it clear the country would seek help from the International Monetary Fund if it doesn't receive a financial aid mechanism from fellow European countries this week.

But the European Union is dead set against involving the IMF, as calling in emergency help from an outside organization is seen an embarrassment.

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Comment

OC Transpo and its ad absurdum

Last week was not a good one for OC Transpo in terms of customer satisfaction. The Canadian Transportation Agency imposed another fine for failure to call out stops — $12,500, up from last year's $5,000 for the same offence.

Transpo's somewhat eccentric policies on advertising also landed the city in small claims court, where it faces a $25,000 lawsuit from the Ottawa Taxpayer Advocacy Group (OTAG).

In the latest absurdity in the saga of bus ads, the taxpayer group complains it got the runaround when it tried to buy bus ads criticizing increases in the wages of transit employees.

What followed, according to the unproven allegations outlined in the lawsuit, was an extended round of hair-splitting as city officials quibbled with the wording and accuracy of the ads, which ultimately didn't run.

OTAG had wanted to run them during budget deliberations for maximum impact and claims it lost significant fundraising opportunities from the delay.

Whenever OC Transpo has stepped in to censor ads, it has generally ended up looking thoroughly goofy, as it did in last year's silly flap over atheist bus ads proclaiming, "There's probably no God, so stop worrying and enjoy your life."

Ads expressing opinions and ideas, whether from atheists or fiscal conservatives, seem to get a rougher ride from OC Transpo than run-of-the-mill commercials for products, which don't appear to undergo the same screening for "accuracy."

In the case of the OTAG ads, wherein the authority being criticized is the same one that decides whether or not that criticism will be aired, the conflict of interest seems fairly clear. It's hard to blame OTAG for suspecting that the city's alleged delays in approving the ads were intentional.

This is what you get when your municipal government decides to get into the ad business and the censorship business at the same time. It may be less than ideal to be selling space on our buses to help pay the bills, but it's far worse to give the city a veto on criticism of its own performance.

As long as we're renting out public property for commercial come-ons, the city shouldn't be playing favourites when it comes to content. Every paying advertiser should have an equal opportunity to annoy bus riders.

Steve Collins lives, writes and walks in Ottawa; ottawaletters@metronews.ca

Views

You never know what you've got till it's gone

Andres, Jim, Guiliano. Lately I've been seeing a lot of men. This can only mean one of two things — a) My 19-year-old daughter is home from university; b) I've entered the world of home renovations.

Yes, Liz and I are renovating. Every day our house is full of men. I never know when they'll show up. I never know what they'll want to do. It's like I'm running a brothel. Except that the length of time they spend is way longer and I have to pay them. So, really, it's like I'm running a bad brothel.

I now understand "worker speak." For instance, "I don't know why the last guy did it like that" means, "Whatever happens isn't my fault ... but if it works out, I'm a hero."

And I participate hourly in conversations like:

Me: We'd like the dishwasher over there.

Contractor: Oh, it can't go there.

Me: But there's one there now.

Contractor: I don't know why the last guy did it like that.

So what's the one thing we can do when life hands us a frustrating situation? Whine to anyone who will listen, of course. But, also, try to pass on what you've learned. Here's my renovating wisdom.

Before you start any renovation, ask yourself: Am I really ready for this?

Answer: No. You're not.

Wasn't that easy?

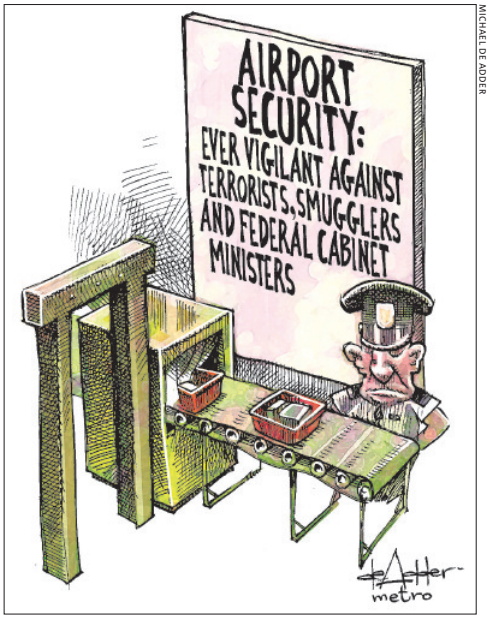
Post photos around your home of fabulous buildings such as the Taj Mahal to serve as inspiration. Not because this is how your place will look, but to remind you of how long it's likely going to take to complete.

Trust the adage, "You never know what you've got till it's gone." So far, for Liz and I, this has applied to running water and electricity.

Sometimes dreams have to be rethought. Three months ago, Liz and I dreamed of having a beautiful kitchen. Now we dream of not having a stove in the middle of our eating area.

Remember, renovations are like living. There's no such thing as a schedule. Kindness beats out yelling every time. And the point when everything is lying in a heap of rubble on the floor is also the point when rebuilding can begin. Whether it's a beautiful new kitchen, or a wonderful new life.

Anne Hines is an author and humour writer. She has written three novels and one collection of nonfiction humour.



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Recycle your gadgets

Make sure you recycle your electronic gadgets – old cellphones, iPods, TVs. Computers and radios contain lots of material that can be recycled such gold, copper and coltan. None of this needs to end up as landfill. METRO NEWS SERVICES

Going Green

Organic Manifesto

The Organic Manifesto examines the unholy alliances that have formed between the chemical companies that produce fertilizer and genetically altered seeds and how the agricultural educational system that is virtually subsidized by those same companies. METRO NEWS SERVICES

EDITOR: BEN.RYCROFT@METRONEWS.CA

Counting down to our Earth Hour

March 27
Earth Hour

BEN KNIGHT
for Metro Canada

This coming Saturday, from 8:30 to 9:30 p.m. local time, more than a billion people will be turning off their lights to help save the global environment.

Earth Hour — an annual awareness-raising event promoted in dozens of countries by the World Wildlife Fund — is becoming one of the biggest environmental movements in history, according to its Canadian project manager, the WWF's Tara Wood.

"What's really exciting about working on this project is that Canada usually comes out in the top three countries, worldwide," she enthuses. "For the past two years, more than half of all adult Canadians have participated in this event."

For 2010, more than 220 Canadian cities are actively promoting Earth Hour, encouraging citizens and local businesses to get involved.

Critics have charged the amount of energy saved in a single hour is negligible, and power use rises dramatically as soon as Earth Hour ends. Woods sees a larger purpose for this ever-expanding event.

"It's definitely not about the power we save in that hour," she says. "It's about making a strong, symbolic statement, and then taking that message to see what each of us can do – every day – to help live lighter on the planet."

PHOTOS.COM

More than 220 Canadian cities are participating in Earth Hour.

Last year, a candlelight vigil was held at Parliament Hill.

A lightbulb here, a parked car there, times a billion people. For Woods, this is an ongoing project, rather than a single event.

"I think, overall, we hear about doom-and-gloom environmental issues, and wonder how one person can make a difference?" says Woods.

"I might drive a hybrid and have all energy-efficient appliances, and look out the window and see my neighbour driving to work in his Hummer. But that's where the beauty of Earth Hour comes in. It's very positive, celebratory and inclusive. It's all about people making it their own."

And while the event has grown exponentially since debuting in Sydney, Australia just three years ago, Woods looks forward to a time when Earth Hour won't be anything special at all.

"I think the best-case scenario is we get to a point where we don't need events like this because everybody is so tuned in to what we can do every day to live a little bit lighter on the planet. But until we reach that point, I think it's important for people to celebrate events like Earth Hour, and encourage their friends to adopt greener behavior and be role models in their own lives."

Earth Hour contest

- Submit an Earth Hour video or photo essay to wwf.ca, and you could win a trip to Churchill, Man., to see first-hand the effect of climate change. Contest closes Thursday.

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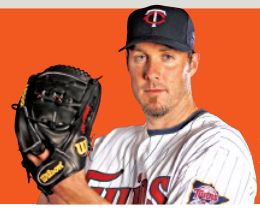
Johnson comes back at Bristol

Jimmie Johnson has won for the first time at Bristol Motor Speedway by driving from sixth to first in just three laps. He plowed through the field on a restart with 10 laps to go yesterday, giving him his third NASCAR victory this season and the 50th of his career. THE ASSOCIATED PRESS

Sports



Nathan out for season

Minnesota Twins closer Joe Nathan will miss the entire 2010 season because of an elbow injury that will require surgery. Nathan, who leads the major leagues with 246 saves since 2004, made the decision after playing catch with Twins pitching coach Rick Anderson for 10 minutes yesterday. THE ASSOCIATED PRESS

EDITOR: DON.MCHOULL@METRONEWS.CA

Sports in brief

WOODS Tiger Woods admitted he's nervous about how he'll be received when he returns to golf next month at the Masters. "It would be nice to hear a couple claps here and there," he told ESPN in an interview last night. "A lot has transpired in my life. A lot of ugly things have happened. ... I've done some pretty bad things in my life," Woods told ESPN.

MLB Joe Mauer is staying home. The AL MVP agreed to an eight-year, $184 million US contract extension with Minnesota yesterday that includes a full no-trade clause, a massive deal that shows the Twins are no longer spending like a small-market club. The deal is the fourth largest in major league history.

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PAWEL DWULIT/THE CANADIAN PRESS

University of Saskatchewan Huskie Showron Glover, left, kisses the W.P. McGee Trophy with teammate Michael Linklater after the Huskies defeated the UBC Thunderbirds for the CIS Men's Basketball Championship 91-81 at Scotiabank Place last night.

First for Huskies

The Saskatchewan Huskies have won their first-ever Canadian university men's basketball title.

Showron Glover had a game-high 29 points as the fifth-ranked Huskies defeated the third-seeded UBC Thunderbirds 91-81 in the CIS title game at Scotiabank Place.

The Huskies had a magical run through the tournament, including a win over the top-ranked and defending-champion Carleton Ravens on Saturday.

Kamar Burke had 20 points, while CIS player of the year Josh Whyte added 18 in a losing cause for the Thunderbirds.

UBC fell short in its quest for a third Canadian university men's hoops title.

THE CANADIAN PRESS

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McKeever caps a golden Paralympics

VANCOUVER It was a golden finish to Canada's best Winter Paralympics ever.

Brian McKeever of Canmore, Alta., won his third gold medal on the last day of the Paralympics yesterday with a victory in the one-kilometre cross-country sprint for the visually impaired. It was an emotional victory for the legally blind skier who came into the Paralympics feeling the frustration of being denied the chance to race at the Olympics.

"We're very satisfied with how it went," said McKeever, who races with his brother Robin acting as guide. "Especially with the whole Olympic fiasco, it was nice to come back and erase the bad memories of this place and have a fun moment at the end."

McKeever's win upped Canada's gold medal count to 10, the country's best at any Winter Paralympics. The previous high was the six won at the 2002 Salt Lake Paralympics.

The overall medal count of 19 (10 gold, five silver and four bronze) is the country's best Winter Paralympic haul. Canada won 15 medals at a Paralympics twice, in 2002 and 1998 in Nagano.

Canada also achieved its goal of finishing in the top three countries in gold medals won. The International Paralympic Committee ranks its medal table according to gold medals.

Germany topped the standings with 13 gold among its 24 medals. The Russian Federation was next with 12 gold and 38 medals.

Skier Lauren Woolstencroft was chosen as Canada's flag-bearer at last night's closing ceremonies in Vancouver.

THE CANADIAN PRESS

Athlete banned

- A Swedish curler at the Paralympics has been banned for two years after failing a doping test. Wheelchair curling fourth Glenn Ikonen says he didn't know the blood pressure medication he was taking was on the banned list.

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Quiz reveals how Millennial you are
The Pew Research Centre offers a 14 question quiz that tells you where you rank on the generational timeline, from the Silent Generation to the Millennial Generation. The higher a person's score on the quiz, the more the person relates to Millennials. METRO NEWS SERVICES

Workology

McGill top Canadian university

McGill University has been named the top university in Canada in U.S. News & World Report's World's Best Universities rankings, published last month. McGill is also the top Canadian institution for life sciences and biomedicine. The University of Toronto is the highest-ranking Canadian university for arts and humanities, engineering and IT, and natural and physical sciences. The University of British Columbia places first among Canadian institutions for social sciences. METRO NEWS SERVICES

EDITOR: DOUGLAS.DUNLOP@METRONEWS.CA

Beauty: The next 'boom' career?

KEITH CARMAN
for Metro Canada

Many of us might not have considered it but according to recent statistics, hairdressing and cosmetology are increasingly becoming some of the most reliable, enjoyable and advantageous international careers over the coming decades.

"Beauty is global," declares Brad Masterson, vice-president of Y Public Relations on behalf of the Professional Beauty Association (PBA). "There are stylists that travel the world for many reasons such as education for manufacturers as well as those that do editorial work on photo shoots and movies."

Surprised? So are we. However, as Masterson emphatically illustrates, personal beauty care is a field in constant demand and that yields broad opportunity. From interesting and helpful contacts to a pricing structure ranging between tens to thousands of dollars per sitting depending on clientele, there is little stagnancy in this calling.

Moreover, some see beauty programs as the next financial boom. In its latest press release, the PBA points out that during the recent economic downturn, according to the U.S. Bureau of Labor Statistics, the private sector slashed jobs at 4.4 per cent while employment-based beauty spas added 0.2 per cent. The salon industry effectively outperformed the national economy and is expected to grow by 31 per cent over the next decade.

"Beauty, specifically hair, is one service that people need to have taken care of, regardless of the state of the economy," states Masterson about the field's resistance to recession. "Many women in particular will forego other beauty treatments in order to make sure they can get their hair done. It's the last thing they want to give up. In addition, as people have had to transition into looking for work, they want to freshen up and maintain their appearance to make the best impression possible."

Before dreams of James Bond-ish jet-setting sweep you away though, understand that as with other professions, there are levels of training and expertise to be attained. Provinces list different graduating requirements for official designations and fees can range from $700 one-off classes to $15,000 for full programs. Moreover, many salons require post-education internships to glean facility techniques and specialities.

With diploma and scissors in hand though, the world could be a beautician's proverbial oyster.

Options abound

- Many paths are available in hairdressing and cosmetology such as freelance work, dedicated employment with a particular spa/agency, working for photo shoots, film, television or even teaching.
- Furthermore, with benefits such as flexibility and optioning various degrees of entrepreneurship, many young adults are increasingly leaning toward the field without sacrificing a solid pay cheque.
- Masterson says those who shun seeing their children dedicate their future to the world of beauty might want to reconsider. Aside from the pride of "making people look and feel great on a daily basis," it can be an incredibly interesting, portable and — most importantly — lucrative career.
- "People have had the belief in many ways that hairstylists don't make a lot of money. That may be the case for some (but) many actually earn great livings and can make $37,000 to $63,000 a year if not more. Additionally, there are many opportunities beyond working 'behind the chair' that most people never realize, which can lead to bigger salaries, travel, et cetera." KEITH CARMAN/ FOR METRO CANADA

Taking care of your hair, according to one expert, is something that people will always do, regardless of the economy.

Workology in **brief**

UALBERTA TO DEBATE MENTAL HEALTH Later this month, the University of Alberta's board of governors will be asked to approve a mental health policy, under which students and staff are asked to report others on campus who display behaviour changes suggesting they could hurt themselves or others. The information would be evaluated by team, which would assess the reported individual and contact campus security if necessary. The individual will be offered psychological support, but the university cannot make someone see a psychologist.

PROPOSED ALTERNATIVE TO PSSSP SLAMMED Several First Nation communities across the country oppose recommendations listed in a report by the Macdonald-Laurier Institute, which suggests replacing the Post-Secondary Student Support Program, currently administered by Aboriginal bands, with a savings account. The First Nation groups refute the report's claims that First Nations sometimes choose which students get access to PSSSP funds based on nepotism, and whether the student lives on or off reserve.

NB PROVIDES UPDATE ON POST-SECONDARY EDUCATION REFORMS According to a report released last week on the progress of the New Brunswick government's action plan on PSE, almost three-quarters of the plan's 33 action items have been or are being addressed, and over $275 million for capital improvements and post-secondary initiatives have been committed. Among the highlights listed in the report is the community college's movement towards two autonomous agencies. METRO NEWS SERVICES

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Campus Saskatchewan to cease operations
Effective March 31, Campus Saskatchewan, a partnership that supports online and distance learning, will cease operations. METRO NEWS SERVICES

Dressing hockey heroes

OddJobs
Diane Peters
Metronews.ca/oddjobs

Gus Thorson is an equipment manager with the Calgary Flames.

Like so many Canadian boys, Gus Thorson of Calgary grew up playing hockey.

He had no idea he'd make a career of it.

Thorson played goal and quit the game at 17 — he's now 50 — since he simply wasn't that good.

But his friends were, and they played on the University of Calgary team while he was studying physical education there. The team needed some trainers — people to care for equipment, do first aid and help out in the locker room— and they encouraged Thorson to volunteer.

Two years later, the Calgary Canucks of the Alberta Junior League had issues with one of their trainers while going into the playoffs and called on Thorson. He ended up staying for the entire next season too. And he realized that this was something he could do as a real job.

"The more I did it, the more I learned. The more I learned, the more I liked it. There's lots worse places you can spend your time than in a hockey rink."

After graduation, Thorson got a paid job in Victoria, then Moose Jaw. Back in Calgary, he began splitting his time between working with Canada's national hockey team and working in a sporting goods store where he became an equipment care and repair expert (his boss was a former shoemaker). After five years, he got hired as the full-time equipment manager for the national team.

In 1999, the Calgary Flames called, and he's been there ever since.

Thorson works with four other trainers: They're all in by around 7 a.m. most mornings. If the players are to skate at 10:30 a.m., that gives them time to stock the bench with socks, jerseys, pads, tape and water bottles. Then there are skates to sharpen, sticks to organize and last-minute repairs to do.

Then, it's cleaning up after a practice. On game days, the locker room must be stocked by 4:30 p.m. Before a road trip, there's packing to do.

And while his wife and kids get to see the Flames whenever they like, they don't see much of him until summer.

Diane Peters once hawked magic pens at the Canadian National Exhibition. She's now a writer and part-time journalism instructor.

The Lowdown

Job Title: Equipment manager
Salary: $70,000 to $150,000
Education/training: Knowledge of first aid, but mostly learned on the job
Best Part of the Job: "I meet so many good people."
Worst Part of the Job: "Being away from my wife and kids."

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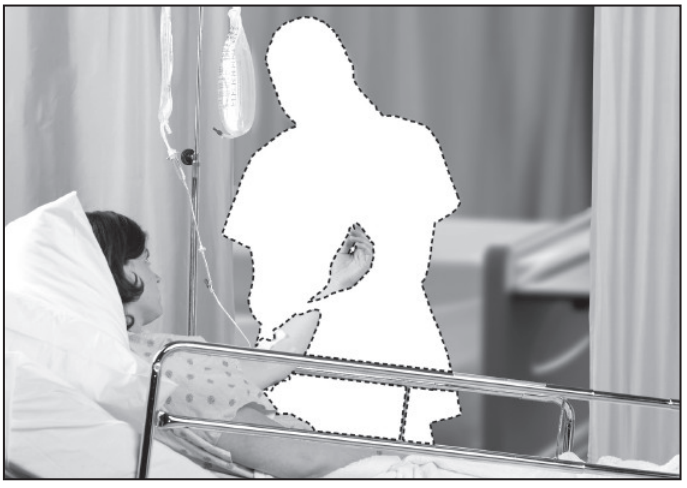

The Government of Canada's new Foreign Credentials Referral Office helps newcomers who are looking to put their skills to work in Canada. The federal government has reached an unprecedented agreement with the provinces and territories to speed up the assessment and recognition of foreign qualifications.

Get information on how to put your training and knowledge to work at:

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Canada

No surgery for Heidi

Heidi Montag — who famously underwent 10 plastic surgery procedures in one day — won't be going under the knife anytime soon. She wants bigger breasts, but on The Tonight Show With Jay Leno said: "I legally can't right now. The limit is 800cc and I have 700cc." USMAGAZINE.COM

Entertainment

Return of Rosie

Rosie O'Donnell is planning to develop a new talk show, according to the Hollywood Reporter. She is targeting fall 2011 for the debut — around the same time that Oprah Winfrey will take her final bow. PEOPLE.COM

EDITOR: DEAN.LISK@METRONEWS.CA

The music video is reborn

The Internet allows artists to share content directly with fans

MuchMusic and MTV may have given up on the music video, making it an endangered species on television, but if Lady Gaga's new video is an accurate barometer of audience interest, the art form is here to stay, albeit on a new platform.

And the artists who never lost faith in the music video couldn't be happier.

Telephone, featuring Beyoncé, hit the Internet with a deafening blast of buzz and surges of traffic last Thursday and quickly amassed millions of views.

The clearly expensive nine-and-a-half minute video is reminiscent of Michael Jackson's Thriller in its epic scale and its slick production values and pops of eye candy have been compared to Quentin Tarantino's handiwork.

About a week later, the video has now been viewed well over 20 million times at YouTube and the music video website Vevo.

"A lot of people conflate the fact that videos disappeared from television as a fact that the audience didn't want them — and that's not the case," said Rio Caraeff, president of Vevo, which launched in December and is owned by Sony Music Entertainment, Universal Music Group and Abu Dhabi Media Company.

"The broadcasters on television made a decision to move away from videos because they wanted to get people to watch TV for longer periods of time, for their own business model.

"The appetite for the videos didn't go away, it's just been channelled to the web where people can watch whatever they want on demand."

Music videos are actually among the most viewed of all online videos, and according to traffic measurement firm Visible Measures, they're indisputably No. 1 when you factor in their influence.

The company's "true reach" stat counts a video's views on different sites across the web and also accounts for the hits generated by user-created fan videos, whether they be tributes or spoofs, said spokesman Matthew Fiorentino.

When factoring in fan engagement, the most viewed and most influential online video in the history of the Internet is surprising — it's the music video Crank That by Soulja Boy.

The song was a No. 1 hit on Billboard for several weeks in 2007 and inspired a dance craze but a relative few would peg it as the biggest video ever to go online.

"The brilliant thing about the video is there's a dance in the video and it takes you through how to actually do the dance," said Fiorentino.

"What we found is videos — and not just for music videos, for ads and other types of content as well — when they directly interact with audiences and put a challenge out there to get them to upload their own content or comment on it, it just keeps the activity going.

"A lot of people conflate the fact that videos disappeared from television as a fact that the audience didn't want them — and that's not the case." Rio Caraeff

"The song is catchy but then there's also this interactive aspect to it that helps."

Of the Top 10 most-viewed online videos ever — as compiled by Visible Measures — six are music videos, including Beyoncé's Single Ladies at No. 2, Michael Jackson's Thriller at No. 3, Mariah Carey's Touch My Body at No. 6, Apologize by Timbaland featuring One Republic at No. 8, and Lady Gaga's Poker Face at No. 9.

THE ASSOCIATED PRESS

Ralph Klein stars in new game show

Klein

PEOPLE OK, contestants.

Fingers on your buzzers.

What former Alberta premier is starring in his own game show?

If you answered Ralph Klein, you're right.

Johnny, tell 'em what they've won.

Klein hit the airwaves over the weekend on a show called On the Clock on Crossroads Television System across Alberta and Ontario on cable and nationwide via satellite.

The format is simple.

Three Alberta "experts" — a Calgary city councillor, a columnist and a radio host — are asked public-policy-type questions, both light and heavy: How would you rewrite the national anthem? List the benefits of global warming.

Klein, who is shown perched on a golden throne, then evaluates the candid responses and hands out "Ralph Bucks" based on what he thinks.

THE CANADIAN PRESS

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Octohomeless?

Nadya Suleman may be the latest victim of foreclosure. According to TMZ, the infamous Octomom is now at risk of being thrown out of her Southern California home after falling behind on her mortgage payments — a $450,000 US balloon payment was due this month. **POPEATER.COM**

A family who works together

Will and Jada Pinkett Smith's family is getting crowded with action heroes now that their 12-year-old son, Jaden, is beating up on bad guys.

Jaden Smith stars in the title role of The Karate Kid, a remake of the 1984 hit in which he plays an American youth in China who gets a crash course in martial arts from a maintenance man (Jackie Chan) so he can defend himself against a band of bullies.

The movie, due in theatres June 11, screened Wednesday for theatre owners attending their annual ShoWest convention, where Smith received an award as breakthrough male star of the year.

"I'm very excited about getting awards already," Smith said in an interview. "It's crazy."

AP PHOTO/MATT SAYLES

Actor Jaden Smith, winner of the ShoWest 2010 Breakthrough Male Star of the Year award for his work in The Karate Kid, poses for photographers in Las Vegas on Wednesday, March 17, 2010.

Smith said his father, whose action flicks include Hancock, I Am Legend, and Independence Day, was a fan of the original Karate Kid and thought Jaden, who already had studied karate, would be the right guy for the role.

"My dad had the idea of remaking it. He's the one who was like, 'We need to make this movie.'"

Jaden Smith

"My dad had the idea of remaking it," Jaden Smith said. "He's the one who was like, 'We need to make this movie.'"

Will and Jada Pinkett Smith were producers on The Karate Kid, along with Jerry Weintraub, who produced the original and its sequels.

"It's very scary when you go back and fiddle around with a classic," Will Smith told the ShoWest audience before the screening.

The quiet, reclusive Mr. Han (Chan) saves Dre from a beating at the hands of a gang of young kung fu hotshots. Han turns out to be a kung fu wizard himself and agrees to train the boy for a tournament showdown with his tormentors.

A more appropriate title would be The Kung Fu Kid. Jaden Smith said the filmmakers kept the original title out of respect for their source material and because The Karate Kid has such name recognition among audiences.

What kung fu advice did martial-arts master Chan have for his young co-star?

"Stay fast," Smith said. "And stay focused."

THE ASSOCIATED PRESS

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Tweets save lives

INTERNET HEROES Actresses Demi Moore and Canadian Nia Vardalos were linked to an online chain of Twitter posts that ultimately led to Florida authorities intervening Friday when an 18-year-old man threatened to commit suicide.

Moore's Twitter account, @mrskutcher, was among those responding to a message from a young man threatening to hang himself in his front yard in Casselberry, north of Orlando.

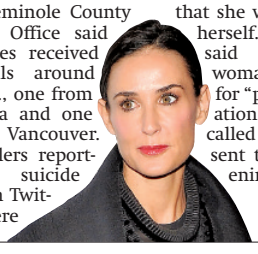
Vardalos's account included a message that she had called a suicide hotline and been connected to Florida police. "I gave his name+city. They went to home, helped him," one message read.

The Seminole County Sheriff's Office said authorities received two calls around 2:30 a.m., one from California and one from Vancouver. Both callers reported the suicide threat on Twitter. There was no record of the callers' names, Lt. Sonia Pisano said.

Deputies went to a home and took the man to a hospital, Pisano said.

The teen's mother told the deputy responding that her son "was very emotional and diagnosed with obsessive compulsive disorder," according to a report released Friday by the sheriff's office. Her son was sitting at his computer desk crying when he told the officer he "did not know what to do with himself without help" and admitted to posting the Tweet.

Moore's Twitter account was involved in a similar case last April, when a California woman messaged that she was going to kill herself. San Jose police said they took a woman to a hospital for "psychiatric evaluation" after someone called about a Tweet sent to Moore threatening suicide.



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Box office

Estimated ticket sales for Friday through Sunday at U.S. and Canadian theatres, according to Hollywood.com:

Johnny Depp stars in Alice in Wonderland.

1. **Alice in Wonderland:** $34.5 million US
2. **Diary of a Wimpy Kid:** $21.8 million
3. **The Bounty Hunter:** $21 million
4. **Repo Men:** $6.8 million
5. **She's Out of My League:** $6 million
6. **Green Zone:** $5.96 million
7. **Shutter Island:** $4.8 million
8. **Avatar:** $4 million
9. **Our Family Wedding:** $3.8 million
10. **Remember Me:** $3.3 million

THE ASSOCIATED PRESS

Smith's estate loses fight over inheritance

A federal appeals court ruled Friday that Anna Nicole Smith's estate will get none of the more than US$300 million the late Playboy model claimed a Texas billionaire meant to leave her after he died.

The ruling came in a 15-year legal battle that started in a sleepy Houston probate court and stretched all the way to the U.S Supreme Court.

It initially pitted Smith against the son of J. Howard Marshall over the $1.6 billion estate the oil tycoon left after his 1995 death at age 90. J. Howard Marshall had wed Smith the year before when she was 26.

Marshall's son E. Pierce Marshall died in 2006 and Smith perished after a drug overdose in 2008. Their heirs and lawyers kept up the legal fight that included one ruling awarding Smith $474 million.

Kent Richland, who represents the Smith estate, said he would appeal the latest ruling but hasn't decided whether to ask the appeals court for another hearing or take the case back the U.S. Supreme Court regarding different issues.

Eric Brunstad, a lawyer for Marshall family members, said they hoped the legal fight was over.

"Our only wish would be that Pierce were here to see his vindication," the family said in a prepared statement.

THE ASSOCIATED PRESS

PETER KRAMER/GETTY IMAGES

Anna Nicole Smith's heirs have lost a recent court ruling in the 15-year battle over the $1.6 billion estate of oil tycoon J. Howard Marshall, who married when Smith was 89 and she 26.

	DT	Vu	SC	C		7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00
primetime 3/22/10		265	353	2	TVO	The Museum	The Museum	The Agenda With Steve Paikin		Midsomer Murders		Lost Kingdoms of Africa (N)		Agenda-Paikin
		211	331	3	GTV	Entertainment	ET Canada	House "Instant Karma"		24 (HDTV PA) (N)		Cold Blood		News Hour
		-	-	5	SRC	Virginie (SC)	Les Parent (N)	L'Auberge du chien noir (SC)		Les Boys (SC)	C.A. (N) (SC)	Le Téléjournal Nouvelles. (SC)		TJ Ontario
		209	342	6	CHRO	Degrassi: TNG	TMZ (N)	**Dancing With the Stars** The contestants perform.				(10:02) **Castle** (N)		Comedy Now
		196	311	7	CTV	etalk	Access H.	Hiccups (N)	Dan for Mayor	Two/Half Men	Big Bang	**CSI: Miami** "Dishonor"		CTV News
		208	303	8	CBC	Wheel Fortune	Jeopardy! (N)	18 to Life (N)	Little Mosque	The Cult		CBC News: The National		The Hour
		-	360	9	NBC	Wheel Fortune	Jeopardy! (N)	**Chuck** (HDTV) (N)		**Trauma** "13" (HDTV) (N)		**Law & Order** (HDTV) (N)		News
		117	713	10	TVA	Rachid	Mtl	Yamaska (HDTV) (N) (SC)		Toute la verite "Imprévu" (SC)		TVA nouvelles	(10:45) Denis Lévesque	
		-	-	11	QS	Big Brother QC	Rire et délire	CSI: NY (N) (SC)		Le Mentaliste "Pilote" (SC)		L'Attaque à 5 (N)		Big Brother QC
		137	763	12	TFO	Panorama		L'esprit des plantes		*Est-Ouest* ★★ (1999, Drame Historique) Sandrine Bonnaire.				Bibliotheca
		-	362	13	CBS	The Insider (N)	Judge-Brown	How I Met	Engagement	Two/Half Men	Big Bang	**CSI: Miami** "Dishonor"		Two/Half Men
		216	395	14	OMN2	Family Guy	The Simpsons	Omni News: S. Asian Edition		Omni News: Cantonese Edition		Two/Half Men	King/Queens	Cold Case
		214	344	15	CITY	Law and Order		How I Met	How I Met	**Trauma** "13" (HDTV) (N)		**Chuck** (HDTV) (N)		News
		115	343	16	CFMT	Two/Half Men	The Office	Omni News: Italian Edition (N)		Vivere V	Omni News:	Law & Order: Criminal Intent		Metropia
		218	345	18	CHCH	*A Walk to Remember* ★★ (2002, Romance) Shane West.				*When Harry Met Sally* ★★★★ (1989, Romance-Comedy)				News at 11 (N)
		-	361	20	ABC	Action News	Entertainment	**Dancing With the Stars** The contestants perform.				(10:02) **Castle** (N)		News
		512	396	24	CPAC	La Période de questions		Heure polit.	L'Heure politique				Revue	Période-quest.
		651	355	25	CTS	Little House on the Prairie		Dr. Quinn, Medicine Woman		100 Huntley Street		Life Today	This Is Day	John Hagee
		-	365	36	FOX	TMZ (N)	Seinfeld	House "Instant Karma"		24 (HDTV PA) (N)		FOX 2 News (N)		News
		-	-	64	PBS	Business Rpt.	Wings-Canada	Antiques Roadshow		American Experience		American Masters		Charlie Rose
		205	312	104	CTV	etalk	Access H.	Hiccups (N)	Dan for Mayor	Two/Half Men	Big Bang	**CSI: Miami** "Dishonor"		CTV News
news		502	390	26	NW	The Lang & O'Leary Exchange		Connect with Mark Kelley (N)		CBC News: The National		Future Earth: 2025		National
		500	500	33	CNN	John King, USA (N)		Campbell Brown (N)		Larry King Live (N)		Anderson Cooper 360 (HDTV)		
sports		406	417	27	net	Overtime	**NHL Hockey** Ottawa Senators at Montreal Canadiens. (HDTV) (Live)					Sportsnet Connected		Prime Time
		126	730	28	RDI	24 Heures en 60 minutes		Grands reportages (SC)		Le Téléjournal (SC)		RDI économie	Le National	Le Téléjournal
		400	280	30	TSN	**NHL Hockey** Pittsburgh Penguins at Detroit Red Wings. (HDTV) (Live)					**Curling** 2010 World Women's Championship: Canada vs. China.			
		410	403	52	SCR	**WWE SmackDown!**				(9:15) **WWE Monday Night RAW** With Michael Cole and Jerry Lawler.				
		411	457	56	OLN	Ghost Hunters		Destination Truth		Oper. Repo	Oper. Repo	Ghost Hunters International		Destin. Truth
		417	406	59	SC	NASCAR	NASCAR Hub	Fast Track to Fame (HDTV) (N)		Racing Chef	NASCAR	NASCAR	What's Deal?	Car Crazy
family		554	544	48	TEL	Johnny Test	Total Drama	Total Drama	6TEEN	Futurama	King of the Hill	American Dad	Futurama	Robot Chicken
		557	540	51	FAM	Sonny Chance	Suite Life	Overruled!	Han. Montana	Wizards-Place	Latest Buzz	Ned's School	Cory in House	That's-Raven
		551	542	65	YTV	iCarly	Scorpion	Malcolm-Mid.	Hates Chris	8 Simple Rules	Things I Hate	Family Biz	To Be Indie	Prank Patrol
cable variety		570	580	29	MM	The Daily Fix		Ranked!		mmtop10.ca		Behind the Music T.I.		G. Simmons
		615	520	31	A&E	Hoarders (HDTV)		Hoarders "Jake; Shirley"		Hoarders "Judi and Gail"		Hoarders (HDTV)		Kirstie Alley
		628	584	32	SPKE	**UFC's Ultimate Fight Night**				**TNA Wrestling** (HDTV) (Live)				Police Chases
		521	560	34	TLC	Quintuplet Surprise		Ultimate Cake Off		Ultimate Cake Off (N)		Cake Boss	Cake Boss	Ultimate Cake
		145	761	35	TV5	Les Carnets du bourlingueur			Les Secrets du Parthénon			Voyageur	Urbania	TV5 Le Journal
		616	521	39	SHO	Relic Hunter		*Cleaverville* (2007, Suspense) Ever Carradine.				Bones (HDTV)		NCIS
		620	523	40	BVO	Opium	Strictly Bolshoi Moscow's Bolshoi Ballet.			Johnny Cash Live In Montreux			Garrett Mason	Law & Order
		520	505	42	DIS	Daily Planet (N)		MythBusters		Dirty Jobs (N)		Motor City Motors (N)		Daily Planet
		575	583	43	CMT	Due South		Amer. Funniest Home Videos		According-Jim	According-Jim	*Moonstruck* ★★★ (1987, Romance-Comedy)		
		601	562	45	SLC	Rich Bride Poor Bride		Nearly Dead	Newlywed	Trading Spouses		Love Inc.	Love Inc.	ET Canada
		625	548	46	COM	Air Farce	22 Minutes	Corner Gas	Name Is Earl	The Simpsons	South Park	John Oliver's Stand-Up Show		Daily Show
		294	529	47	TBS	Family Guy	Family Guy	House-Payne	House-Payne	Monica: Still	Monica: Still	Seinfeld	Name Is Earl	Law & Order
		600	564	49	H&G	House Hunters	Property Virgin	For Rent	Bang, Buck	Home to Flip	Marriage	House Hunters	House Hunters	Holmes/Homes
		627	528	50	SPC	Stargate Atlantis (DVS)		Star Trek: Voyager		Battlestar Galactica "Razor"				Stormworld
		581	566	53	MTV	Peak Season	Cribs	Cribs	Going Out, Him	Spring Break Challenges		My Life as Liz	Super Sweet	MTV Live
		618	524	54	TROP	Re-Vamped		Wipeout (N)		Wipeout (N)		Parking Wars	Parking Wars	Prod. Parker
		522	506	55	HIS	Black Hawk Down		Greatest Tank Battles		Lost Worlds "The Seven Wonders" Seven Wonders.				Tank Battles
		129	773	60	CD	Biographies "Jet Li" (HDTV)		Toujours plus grand (HDTV)		S O S (HDTV)		Les Enquêtes du NCIS (HDTV)		Ondes de choc
		261	394	61	V	Murder, She Wrote		Eyes Down	Wait for God	Archaeologist	Archaeologist	Naked	Naked	Archaeologist
		602	567	62	W	Supernanny		How Clean Is	Clean	Love It or List It		Love It or List It		Confidential
		269	350	70	APTN	Mishkuenita	Shaputuan (N)	Ullumi De l'igloo à l'internet.		*Bats: la nuit des chauves-souris* ★ (1999, Horreur)				Shaputuan
		621	527	71	TLK	Look-A-Like	TMZ	The Ellen DeGeneres Show (N)		The View (HDTV) (N)		The Dr. Oz Show (N)		TMZ
		603	561	95	FN	Ricardo	David Rocco	Restaurant Makeover		Kitchen Nightmares		Pitchin' In	Glutton	Restaurant

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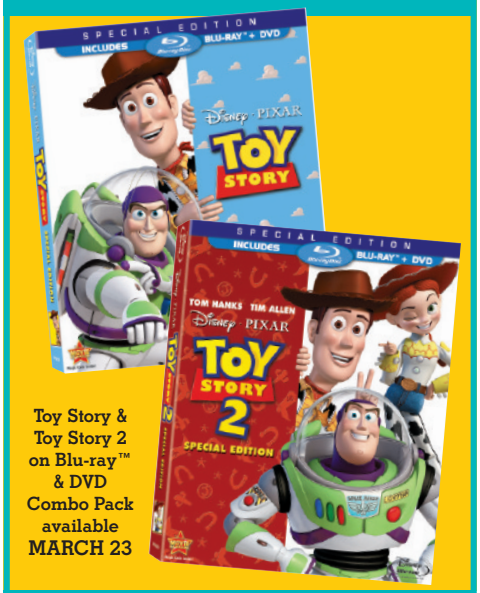

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Star surgery
Star Jones underwent cardiac surgery Wednesday, which was related to a rarely-performed surgery she had three decades ago after developing a thoracic tumor, people.com reports. METRO WORLD NEWS

Celebrity Buzz

Proof is in the pudding

OR, IN THIS CASE, THE LEVELS OF PROPOFOL IN HIS BLOOD Dr. Conrad Murray failed to tell paramedics he had given Michael Jackson Propofol, femalefirst.co.uk is alleging.

Documents from the official ambulance report, which was filled out by medics on the June 25 last year — the day the pop star died from cardiac arrest, caused by "acute Propofol intoxication" — have been released, and state that Jackson's personal physician didn't mention he administered the anaesthetic shortly before his passing.

A family friend told the News of the World newspaper: "This is the clearest suggestion yet that Murray misled the paramedics. Why didn't he tell them about the Propofol? We are sick at what this report indicates."

Murray was charged with involuntary manslaughter over the late singer's death earlier this year. He has pleaded not guilty.

The notes written by the paramedics state they quizzed Murray about what medications Jackson was on.

However, Murray told them the late King of Pop had only taken the sedative Lorazepam and fluids to rehydrate him after he complained of being exhausted following a sleepless night.

METRO NEWS SERVICES

From the mouth of babes

SILLY 13-YEAR-GIRLS HAVING TOTALLY UNREALISTIC ALL-CONSUMING CRUSHES ON BOYS THEY'VE NEVER MET ... I LOVE YOU NATHAN FILLION! Ahhh, the perils of fame.

You're only 16, received a new car for a birthday present, and are adored by fans all over the world.

Such is life for singing sensation Justin Bieber, people.com muses.

In London to promote his new single Baby and album My World 2.0, the singer appeared on GMTV, where he answered questions from fans about everything from the first song he learned (Row, Row, Row Your Boat) to his love life.

Bieber revealed he's been asked to get hitched "a bunch of times," and even though he may not be walking down the aisle anytime soon, his fans — many of whom were waiting for him at the TV studios — still have a chance of landing a date with the young hunk.

Asked if he would go out with one of them, he said, "I think that it just depends — it depends what the situation is. I think that I'm not going to limit myself."

METRO WORLD NEWS

Jesse James the Outlaw

OK, NOT REALLY, BUT HE DID STEAL SANDRA'S HEART AND THEN BREAK IT INTO TINY LITTLE PIECES While not excusing his alleged behaviour, sources say Jesse James has long been "heavily targeted and pursued by women," according to People magazine.

"Those girls throw themselves at him."

James released a statement late last week apologizing to Sandra Bullock while also calling most of the allegations of his infidelity "untrue and unfounded."

He went on to say, "There is only one person to blame for this whole situation, and that is me. It's because of my poor judgment that I deserve everything bad that is coming my way.

"This has caused my wife and kids pain and embarrassment beyond comprehension and I am extremely saddened to have brought this on them."

METRO WORLD NEWS

Going gaga over lawsuits

AND COO-COO OVER CONTRACTS Lady Gaga is responding to a $30 million US lawsuit from ex-producer Rob Fusari with a suit of her own, according to the New York Daily News.

Fusari claims he came up with the singer's name and persona and co-wrote many of her hit songs.

Gaga's lawyers counter that the contract between them was invalid because Fusari was not a licensed talent agent, and they say his actions were "predatory and financially abusive."

Fusari's lawyer calls the new suit ludicrous.

"Rob was no more of an 'agent' for her than she is a Roman Catholic nun," he tells the newspaper.

METRO WORLD NEWS

A Lohan lock out?

THE HIGHER THEY COME, THE HARDER THEY FALL Lindsay Lohan's efforts for a BBC documentary may end up getting her banned from India, according to the Daily Mail. By Tweeting about her work on the production, she alerted Indian officials to the fact that she was working in the country while there on a tourist visa.

Sources say she could be barred from entering the country in the future, according to the newspaper.

She's also been having trouble entering L.A. nightclubs; Lohan was left waiting outside new hotspot Trousdale recently, which prompted her to post on Twitter: "I've never been treated so poorly in my life."

METRO WORLD NEWS

GETTY IMAGES

Another name, another pill

RAMPANT PLASTIC SURGERIES, WEIGHT-GAIN OBSESSIONS, PREVALENT PILL POPPING ... LIVING IN L.A. — IT'S WHAT EVERY LITTLE GIRL DREAMS OF More details are coming to light about the extent of Brittany Murphy's prescription drug intake.

Murphy was receiving 200 pills a month from a Los Angeles pharmacy, including prescriptions for painkiller Vicodin and anti-anxiety drug Klonopin, according to TMZ.

Some months, twice that amount would be delivered to Murphy, who had the medication prescribed to an alias, "Lola Manilow Murphy."

The owner of the pharmacy claims they cut Murphy off four months before her death because "we thought there was going to be an accident there," according to the website.

METRO WORLD NEWS

Follow these celebrities on Twitter...

CelebTweets

CONAN O'BRIEN celebrates small victories, **JUSTIN BIEBER** isn't giving up that easily, **TYRA BANKS** is tired, and **NATHAN FILLION** is offering himself as an alternative.

@ConanOBrien
Sweet victory! I'm now trending higher than my twitter nemesis, Justin Bieber. Who's the tween heartthrob now?

@justinbieber
@conanobrien ur chess moves r savvy...but in the end I will take your queen...it's begun my friend...oh it has begun (evil laugh place here)

@tyrabanks
My butt was awake til past 4am last night and now I can hardly keep my eyes open. Smizing is nearly impossible right now.

@NathanFillion
Dear Sandra Bulloch, I am currently single, and terribly loyal. When you're ready. Nathanhappier place.

METRO NEWS SERVICES

It's not me, it's you

THE INDUSTRY HAS UNREALISTIC EXPECTATIONS? YOU DON'T SAY Kirstie Alley remembers auditioning for Fatal Attraction and being told she was overweight, according to Popeater. "When I went in to meet with Adrian Lyne, I weighed about 125. He told me to go home, lose at least 10 pounds and he wanted to see me in two weeks. I got down to 114," she says, though she still didn't get the role.

"The industry is psychotic."

METRO WORLD NEWS

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Tuesday 90% Rain 4° / 1°
Wednesday 70% Showers 6°/ -8°

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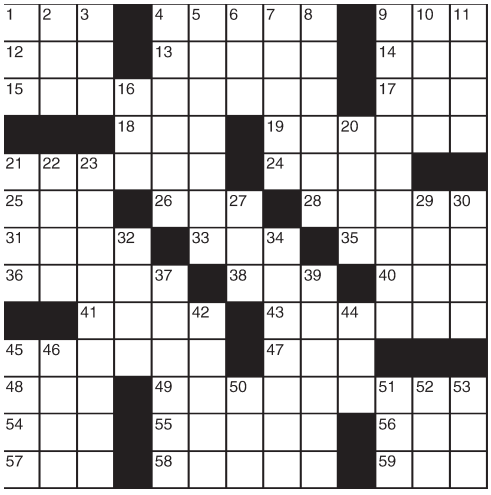
Take Five



ACROSS

1 Switch position
4 Big name in early 1900s newsreels
9 Secret agent
12 Chum
13 "Ghosts" playwright
14 Sine — non
15 Wastes
17 Baseball arbiter
18 Brazilian city, familiarly
19 Upper-arm muscles
21 Standard usage
24 — gin fizz
25 Lawyer's abbr.
26 Fresh
28 Symbol of America
31 God (Latin)
33 "To be or — ..."
35 Abound
36 Figure of speech
38 Charlotte's creation
40 Water (Fr.)
41 Fox series about high school singers
43 Necklace features
45 Conestogas, e.g.
47 Cadence call syllable
48 Under the weather
49 Oak denizens
54 Payable
55 Good doctor
56 Pomeranian's perch, perhaps
57 Type squares
58 "Give me liberty ..." speaker
59 Biz deg.

DOWN

1 Chances, for short
2 Oft-read Web page
3 Winter ailment
4 Wing
5 Tummy
6 Mao — -tung
7 KFC additives
8 Store grain
9 Window wipers
10 Shoe style
11 Shrill barks
16 Illustrations
20 Outer attire
21 100 pesewas, in Ghana
22 Secondhand
23 Curlicues
27 "Holy mackerel!"
29 Jump
30 Ostriches' kin
32 Unaccompanied
34 More computer savvy
37 Honorable guy
39 Unclear
42 Suffix akin to "-ish"
44 Spring mo.
45 Broad
46 Astringent
50 Coffee vessel
51 Shade provider
52 Science workshop
53 Hot tub

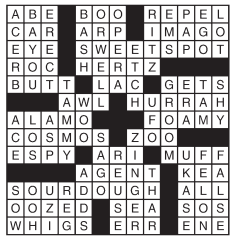
Sudoku

For more/less challenging Sudoku puzzles, visit metronews.ca

HOW TO PLAY: Digits 1 through 9 will appear once in each zone – one zone is an outlined 3x3 grid within the larger puzzle grid. There are nine zones in the puzzle. Do not enter a digit into a box if it already appears elsewhere in the same zone, row across or column down the entire puzzle.

		6				9		
	5		9		7		4	
4	7						8	1
		3	4		2	8		
5								7
		2	1		5	6		
6	3						1	8
	9		6		8		5	
		8				3		

PREVIOUS DAY'S CROSSWORD AND SUDOKU ANSWERS:



9	4	3	2	5	6	7	1	8
1	7	2	9	8	4	5	6	3
8	6	5	3	1	7	4	9	2
6	5	4	7	3	8	1	2	9
2	3	8	1	4	9	6	5	7
7	9	1	5	6	2	3	8	4
4	2	7	6	9	1	8	3	5
3	8	6	4	2	5	9	7	1
5	1	9	8	7	3	2	4	6

On the web

For more games and 60 additional daily cartoon strips, visit metronews.ca

Metro Recipe of the Day

Beef Salad

INGREDIENTS:

1/2 tsp salt
1 small red onion, halved and thinly sliced
100 g radishes, sliced
1 thick-cut lean rump steak, trimmed of fat
1 tbsp olive oil
1/4 tsp dried mixed herbs
2 tbsp walnut oil
1 tbsp balsamic vinegar
4 celery stalks, sliced on diagonal
125 g bag of mixed lettuce leaves

METHOD:

1. Stir salt into bowl of cold water until dissolved. Add onion and radish slices and leave to soak while cooking steak.

2. Heat nonstick frying pan until hot. Pat steak dry with paper towel. Rub steak on both sides with 2 tsp of olive oil, then season with herbs and some black pepper. Cook steak for 2 1/2–3 1/2 minutes per side. Transfer steak to board and leave to rest.

3. Whisk remaining olive oil, walnut oil and vinegar together. Cut steak into slices about 1/4 in. thick. Pour collected juices into dressing.

4. Drain onion and radishes well, put into large bowl; add dressing with celery and beef. Gently toss. Divide salad among four plates, then spoon over beef mixture. Serve immediately.

SERVES 4

rd.ca

For nutritional information on this and other great recipes, go to **rd.ca** or check out **Key Ingredients in this month's Reader's Digest, on newsstands now!**

Horoscopes by Sally Brompton sallybrompton.com

For Sally's expanded daily and weekend horoscopes, visit metronews.ca

ARIES ♈
MARCH 21-APRIL 20
Choose an approach and stick with it. If you muddle up your options the outcome will be confused, but if you act decisively you will get results.

TAURUS ♉
APRIL 21-MAY 21
Make a detailed plan for the week ahead. Set yourself targets that are difficult but not impossible. You need to be challenged.

GEMINI ♊
MAY 22-JUNE 21
Do something daring today the more others tell you to take it easy the more you will do the opposite. And why not? Excitement is your middle name.

CANCER ♋
JUNE 22-JULY 22
The harder you push yourself the more you will achieve. This is not the right time to take things easy. This is not the right time for a rest.

LEO ♌
JULY 23-AUG 23
Make something old look new again today. It is part of your skill to make even the most jaded of things look fresh, and that applies to relationships.

VIRGO ♍
AUG 24-SEPT 22
If you ask the same old questions you will, inevitably, get the same old answers. You need to adopt a more adventurous approach today.

LIBRA ♎
SEPT 23-OCT 23
Trying to conform to the way other people would like you to be is a pointless exercise. Be yourself if you want to be happy.

SCORPIO ♏
OCT 24-NOV 22
It may seem as if every negative event is in some way personal but that's highly unlikely. Sometimes you can be too touchy for your own good.

SAGITTARIUS ♐
NOV 23-DEC 21
You are in one of your get organized moods today and you know from experience it won't last long, so make use of it while you can.

CAPRICORN ♑
DEC 22-JAN 20
You still seem to be worrying that you are not quite good enough to compete at the highest level. That's rubbish. You are better than your rivals.

AQUARIUS ♒
JAN 21-FEB 18
If you have been thinking about travelling abroad or maybe even moving from your present environment, now is the time to get serious about it.

PISCES ♓
FEB 19-MARCH 20
Start the week in a positive frame of mind. The world is what you make of it. Imagine everything is perfect — and it will be.

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1894: The first playoff game for the Stanley Cup starts.
1916: The last Emperor of China, Yuan Shikai, abdicates the throne and the Republic of China is restored.
1923: The first radio broadcast of ice hockey is made by Foster Hewitt.
1933: U.S. President Franklin Delano Roosevelt signs into law a bill legalizing the sale of beer and wine. Prohibition would end nine months later.
1993: The Intel Corporation ships the first Pentium chips (80586), featuring a 60 MHz clock speed, 100+ MIPS, and a 64 bit data path.

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- km: 49128

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08 Prius Hybrid
- Load, A/C, Auto
- st: 28330
- km: 81618

$18,850
$148*** Bi-weekly

06 Lincoln Zephyr
- Load, A/C, Lthr
- st: 29014
- km: 56801

$17,850
$184* Bi-weekly

07 Benz B200
- Load, A/C
- st: 29011
- km: 36407

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$176** Bi-weekly

06 Honda CR-V
- 4WD, Load, A/C
- st: 28602
- km: 100596

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$159* Bi-weekly

08 KIA Sorento
- Load, A/C, Auto
- st: 28495
- km: 19332

$19,850
$156*** Bi-weekly

07 Honda Civic
- Load, A/C, Std
- st: 28865
- km: 77988

$13,850
$123*** Bi-weekly

09 Elantra GLS
- Load, A/C, Auto
- st: 28742
- km: 33159

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$110*** Bi-weekly

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- st: 28667
- km: 44300

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- st: 28469
- km: 63233

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05 Toyota Echo
- Std
- st: 29111
- km: 83842

$6,450
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05 Pontiac Montana
- Load, A/C
- st: 90564-B
- km: 76478

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05 Saturn VUE V6
- Load, A/C, Auto
- st: 28165
- km: 61692

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09 Sienna LE
- Load, A/C
- st: 28371
- km: 36415

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07 Mazda3
- A/C, Std
- st: 29278
- km: 73424

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08 Grand Caravan
- Stow N Go, Load, A/C
- st: 28835
- km: 63025

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08 KIA Spectra
- Load, A/C, Auto
- st: 28902
- km: 62671

$9,980
$87*** Bi-weekly

05 Malibu MAXX LT
- Load, A/C, Roof, Auto
- st: 90564-B
- km: 76478

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$100* Bi-weekly

06 Honda Pilot EX
- 4WD, Load, A/C
- st: 28586
- km: 78558

$24,850
$256* Bi-weekly

07 Corolla CE
- Load, A/C, Auto
- st: 28867
- km: 49461

$12,860
$114** Bi-weekly

07 Ford F-150 Triton
- 4x4, Load, A/C
- st: 29173
- km: 126731

$15,860
$141** Bi-weekly

06 Acura CSX
- Load, A/C, Roof, Lthr
- st: 29259
- km: 83066

$14,780
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05 Nissan Sentra SE
- Load, A/C
- st: 28859
- km: 101393

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06 Pontiac G6
- Load, A/C, Auto
- st: 28959
- km: 71693

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07 Mazda CX-7 Sport
- AWD, Load, A/C, Auto
- st: 28707
- km: 62279

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05 Pathfinder
- 4WD, Load, A/C, Auto
- st: 28161
- km: 99339

$20,670
$213* Bi-weekly

09 Nissan Versa
- Load, A/C, Auto
- st: 29249
- km: 55744

$11,850
$103*** Bi-weekly

07 Nissan Xterra
- 4WD, Load, A/C
- st: 10143-A
- km: 79517

$18,850
$167** Bi-weekly

08 Suzuki Swift
- Auto, A/C
- st: 29221
- km: 55490

$8,950
$78*** Bi-weekly

08 Cobalt LS
- A/C, Auto
- st: 29140
- km: 61031

$8,750
$76*** Bi-weekly

08 Santa Fe GLS
- 4WD, Load, A/C, Auto
- st: 28374
- km: 61951

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09 Lancer
- Load, A/C, Auto
- st: 29105
- km: 25849

$14,950
$117*** Bi-weekly

07 Honda Accord
- Load, A/C, Auto
- st: 26400
- km: 64120

$16,950
$159**†† Bi-weekly

09 Pontiac G8
- Load, A/C, Auto
- st: 29271
- km: 37198

$22,850
$194*** Bi-weekly

08 Hyundai Accent
- Auto, A/C
- st: 29194
- km: 69385

$8,450
$74*** Bi-weekly

05 Pontiac Wave
- Load, A/C
- st: 27575
- km: 74681

$6,960
$77*†† Bi-weekly

09 Sebring
- Load, A/C
- st: 29244
- km: 56874

$11,950
$104*** Bi-weekly

09 Altima 2.5S
- Load, A/C, Auto
- st: 28318
- km: 32852

$19,850
$156*** Bi-weekly

07 Mazda5
- Load, A/C, Std
- st: 29258
- km: 90347

$11,850
$115**†† Bi-weekly

06 BMW 325 XI
- Load, A/C, Auto, Roof
- st: 28306
- km: 68321

$29,950
$309* Bi-weekly

07 Toyota Yaris
- Std
- st: 29044
- km: 77412

$8,350
$81** Bi-weekly

05 Saturn Relay
- Load, A/C
- st: 29036
- km: 70122

$9,340
$104* Bi-weekly

07 Honda Fit
- Load, A/C Auto
- st: 29062
- km: 77391

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08 Sonata
- Load, A/C, Auto
- st: 28354
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